

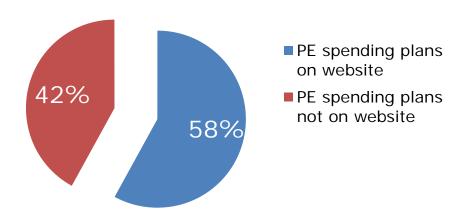
Ofsted v Sussex

During October 2014 Active Sussex undertook a survey of all Sussex primary school websites. The purpose was to understand more about how schools have been using their Primary PE & School Sport Premium.

Our findings were then analysed alongside the latest Ofsted report, carried out with 22 schools nationwide, into how schools nationally had deployed their premium.

From April 2014 all primary schools were required to upload their Primary PE & School Sport Premium spending plans onto their school websites.

Total primary schools in Sussex - 452



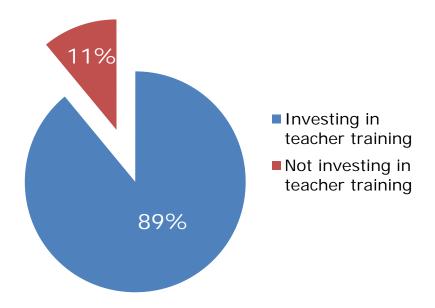
Ofsted – "All 22 schools visited (nationwide) by inspectors had a plan of how they intended to use the funding for at least the first year. However, a common weakness was that plans lacked clear targets for improvement and did not show how senior leaders would measure the impact of new funding on improving PE and sports provision."

Aside from satisfying a **DfE & Ofsted requirement**, spending plans are an excellent way of celebrating your PE with the stakeholders of your school. It is an opportunity to demonstrate the commitment of your school to ensuring that pupils engage in high quality physical education and understand the benefits of a healthy lifestyle. Contact Leon Carter (<u>lcarter@activesussex.org</u>) for a template and some best practice examples.



Number of Sussex schools investing in training for staff

High quality Continuous Professional Development (CPD) for primary teachers is one of the most effective ways to invest the premium sustainably. It will raise the confidence and skill level of teachers so current and future pupils will benefit.



Ofsted – "Professional development is most effective when it is planned to meet the individual needs of teachers and teaching assistants. In schools visited where this was the case, teachers and teaching assistants demonstrated greater subject knowledge and confidence in teaching PE.

Professional development was generally less effective where staff training consisted of simply observing specialists with no opportunities to teach or coach alongside them or improve their skills through other means."

There is a wealth of support available to primary schools in Sussex, both <u>locally</u> and <u>nationally</u>. Contact Leon Carter (<u>lcarter@activesussex.org</u>) for further advice about CPD and/or how to conduct an audit of existing provision.



Number of Sussex primary schools deploying PE specialists

Many schools across Sussex are taking advantage of their links with their <u>School</u> <u>Games Organiser (SGO)</u> and/or <u>School Sports Partnership</u>, where they continue to operate, to use experienced PE teachers.

119

45%

Ofsted – "Schools work in partnership with secondary schools to enable specialist teachers to teach PE and organise additional extra-curricular sport in primary schools.

Schools improve teachers' subject knowledge and enable them to work alongside specialist teachers and coaches to observe and learn new skills and techniques from them."

If you would like specific examples of how primary schools are working with their local secondary schools and how your school can best utilise specialist PE teachers, contact Leon Carter (lcarter@activesussex.org).



Number of Sussex primary schools deploying extra coaches

170

65%

Ofsted – "Schools should regularly monitor the work of specialist PE teachers and sports coaches to ensure that their teaching and coaching are consistently good."

Always ensure that your coaches meet the minimum standards. These updated <u>guidelines</u> by the Association for Physical Education (AfPE) provide excellent advice. They're less wordy and more useful than they initially look!

Number of Sussex schools increasing competitive opportunities

194

74%

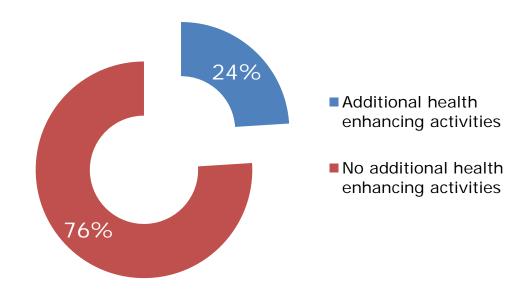
Ofsted – "Schools join in with existing sports partnerships or new arrangements, pooling their funding to share the cost of new sports staff and organising inter-school sports competitions."

Give your pupils a taste of competition by engaging with the excellent work of your SGO. Find your local SGO <u>here</u>.



Number of Sussex primary schools using additional health enhancing activities

Health enhancing activities is a broad term and, of course, high quality PE would come under this category. However, this relates to **additional** activities aimed at the most inactive children, such as Change 4 Life clubs, and additional sessions related to nutrition and healthy eating, for example.



Ofsted – "Very few schools were using their funding to improve pupils' health and well-being, especially those known to be overweight or obese. In particular, there was a lack of engagement with parents and local health agencies to develop and implement effective approaches to tackle these issues."

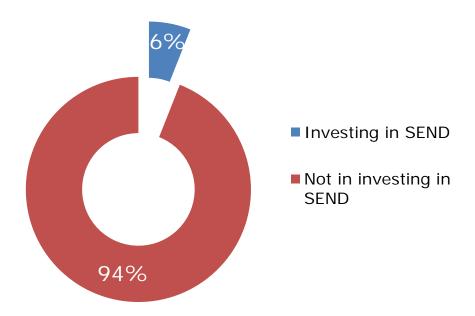
Ofsted's view correlates somewhat with the findings in our study. Approaching parents about a child's weight is a sensitive subject and one that many schools find extremely tricky to address. Anecdotally, from talking to schools, the most successful address those pupils who are 'inactive' whether they're obese or not.

Many have found <u>Change4Life</u> clubs really useful. You can contact your <u>SGO</u> to find out about setting one up in your school. The introduction of alternative sports is also a great way of engaging pupils who do not enjoy traditional sports.



Number of Sussex schools investing in inclusion for SEND pupils

Anecdotally, there is a lot more work surrounding inclusion in PE, especially in some school sports partnerships, than the website analysis would indicate.



Ofsted – "Schools help selected pupils, including the disabled and those with SEN, to overcome barriers and enjoy the benefits of PE and sport.

Many headteachers were using new funding to promote wider links with a range of local sports clubs. They saw this as a sustainable way of improving the participation and performance of all pupils, including disabled pupils, pupils with special educational needs and the most able."

If you would like any other information about making your PE inclusive then contact Leon Carter (lcarter@activesussex.org).



Number of Sussex schools running more extracurricular activities

Extracurricular clubs are being used in a multitude of different ways across Sussex. Many simply use extracurricular clubs to broaden the offer of activities for pupils whereas others adopt a more targeted approach to reach the inactive or to enrich their gifted and talented children.

193

73%

Ofsted – "Many of the schools visited had identified a small minority of pupils as 'non-participants' in lunchtime and after-school sports activities. Schools were using the new funding to put in place a range of additional activities to stimulate the interests of these pupils.

Schools felt that (gifted & talented) pupils benefited from the wider range of extra-curricular sports clubs provided and improved links with local sports clubs."

Contact Leon Carter (<u>lcarter@activesussex.org</u>) for any help with recruiting coaches and selecting appropriate extracurricular clubs to set up in your school.

Finally...

There is a wealth of support and experience available to primary schools in Sussex. Active Sussex can direct your school to individuals, other primary schools, secondary schools, national organisations and/or local organisations who can help you deliver high quality Physical Education.

Contact Leon Carter (<u>lcarter@activesussex.org</u>) if you have any enquiries at all, however large or small.

You can find a link to the full Ofsted report in our useful resources section.